

**3.2.2 Number of workshops/seminars/conferences including programs
conducted on Research Methodology, Intellectual Property Rights (IPR)
and entrepreneurship during the last five years**

Sr. No	Title	Date	Resource Person
1	One Day Workshop On Yoga And Stress Management	22/10/2019	Mr. Hari Om Sharma
2	One Day Workshop On Business Analytics	29/11/2019	Prof. S.K. Mangal
3	National Seminar Futuristic Approach For Youth Empowerment	22/01/2020	Prof. S.L. Sharma University of Rajasthan Jaipur
4	One Day Seminar On Teacher As A Challenge Maker In Student Life	02/03/2020	Dr. Anoop Girdhar
5	Seminar On Personality Development	07/05/2020	Prof. K.K Sharma




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One Day Workshop On Yoga And Stress Management

Name of Activity: "One Day Workshop On Yoga And Stress Management "

Date: 22/10/2019

Resource Person: - Mr. Hari Om Sharma

Organizer(s): Department of Science

EXPECTED OUTCOMES	
CO 1	Understanding Stress and Its Impact
CO 2	stress Management Techniques
CO 3	Improving Mental Health

Mapping with PO & PSO: Mapping Levels: 1- Low, 2- Moderate, 3-strong

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PSO1	PSO2
CO 1	1	1	1	2	1	1	1	1	1	1	2
CO 2	1	2	1	1	1	1	1	1	2	1	1
CO 3	2	1	1	2	1	1	1	1	1	1	1

Event Poster / Flyer:




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One Day Workshop On Yoga And Stress Management

DATE & TIME

22 OCT. 2019

08:00 AM

Venue

College Campus

**Sanskriti College, Sanskriti Marg, Shipra Path,
Mansarovar, Jaipur**



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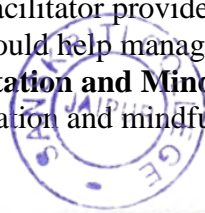
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Activity Summary:

1. To educate participants about the causes and effects of stress.
2. To introduce yoga as a natural and effective method for managing stress.
3. To provide hands-on experience with yoga postures, breathing techniques, and meditation practices aimed at reducing stress.
4. To promote the integration of yoga into daily routines for improved physical and mental well-being.

Key Highlights

1. **Inaugural Session:** The workshop commenced with a welcome speech by [insert name], who emphasized the importance of stress management in today's fast-paced world. The facilitator, [insert name of yoga expert], was introduced, and they shared their experience and expertise in the field of yoga and mental health.
2. **Understanding Stress:** The first session focused on understanding what stress is, its physiological and psychological impacts, and how chronic stress can affect health. The facilitator explained the "fight or flight" response and how yoga can help regulate this response.
3. **Introduction to Yoga for Stress Management:** The facilitator introduced the concept of yoga as a holistic approach to managing stress. Participants were educated on the benefits of yoga postures (asanas), breathing exercises (pranayama), and meditation, emphasizing their positive effects on the nervous system.
4. **Practical Yoga Session:** A hands-on session followed, where participants were guided through a series of simple yoga postures and breathing techniques specifically designed to relieve stress. Techniques such as:
 - o **Tadasana (Mountain Pose)**
 - o **Balāsana (Child's Pose)**
 - o **Shavasana (Corpse Pose)**
 - o **Pranayama (Breathing Exercises)**Participants were also introduced to meditation and mindfulness practices aimed at calming the mind and improving focus.
5. **Interactive Session:** The workshop included an interactive session where participants shared their personal stressors and asked questions about how to apply the techniques in specific situations, such as exam stress, work-life balance, and personal life challenges. The facilitator provided personalized advice and demonstrated additional yoga practices that could help manage specific types of stress.
6. **Meditation and Mindfulness:** The closing session focused on the importance of meditation and mindfulness in achieving mental clarity and emotional balance.



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Participants were guided through a brief mindfulness meditation practice, learning how to center their thoughts and reduce mental clutter.

Feedback from Participants

At the end of the workshop, participants were asked to provide feedback. Many expressed that the practical yoga session was highly beneficial and left them feeling relaxed and refreshed. Several attendees commented that they felt more equipped to handle stress using the breathing and relaxation techniques demonstrated during the session. The mindfulness exercises, in particular, were highlighted as valuable tools for daily life.

Conclusion

The "Yoga and Stress Management" workshop was highly successful in achieving its objectives of educating participants about the importance of managing stress and equipping them with effective yoga techniques to handle stress in their lives. The interactive nature of the workshop allowed participants to engage deeply with the content, and many expressed interest in attending similar workshops in the future.

The organizers expressed their gratitude to the facilitator and the participants for their enthusiasm and participation. The workshop concluded with a vote of thanks, and the participants were encouraged to incorporate the yoga practices into their daily routines to experience long-term benefits.

Recommendations

1. **Follow-up Workshops:** It is recommended that follow-up workshops or sessions be conducted to reinforce the techniques learned and provide continued support to participants.
2. **Yoga Club:** Establishing a yoga club or regular yoga sessions at the institution could help students and staff practice regularly.
3. **Stress Management Program:** Integrating yoga and mindfulness techniques into a broader stress management program for students, particularly during exam periods, could prove beneficial.

4. Geo Tagged Pictures of Activity

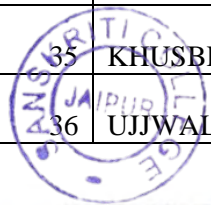



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“One Day Workshop On Yoga And Stress Management ”

List of Participants

S. No.	Name	Branch
1	RISHABH KHANDELWAL	B.A. I
2	VASUDEV SHARMA	B.A. I
3	CHIRAG MEENA	B.A. III
4	PRAKARSH	B.A. III
5	TANMAY YADAV	B.A. III
6	YASH KUMAR SHARMA	B.Com I
7	RISHABH JAIN	B.Com I
8	RAJYAVARDHAN SINGH SHEKHAWAT	B.Com I
9	MS ANKITA BHATI	B.Com I
10	ABHIMANYU SHARMA	B.COM II
11	NAVEEN SAINI	B.COM III
12	YASH CHOUDHARY	B.SC HONS I
13	DEEPIKA MISHRA	B.SC HONS I
14	UMESH KUMAR	B.SC HONS I
15	SNEHA S KELKAR	B.SC HONS I
16	SAMIR VERMA	B.SC HONS I
17	ANSHUMAN	B.SC HONS I
18	NIKITA SAINI	B.SC HONS I
19	SANDEEP SINGH	B.SC HONS I
20	DEEPAK JANGID	B.SC HONS I
21	SUMIT SINGH	B.SC HONS I
22	VINAY KUMAR SEVDA	B.SC HONS II
23	DHANANJAY MAURYA	B.SC HONS II
24	PANKAJ KUMAR MEENA	B.SC HONS III
25	HARISH KUMAR	B.SC HONS III
26	MINAKSHEE KHILERY	B.SC I
27	ANJALI BAJAJ	B.SC I
28	SOMESHWAR SHARMA	B.Sc II
29	MANISH KUMAR DHAKA	B.Sc II
30	TARUN TYAGI	B.Sc III
31	SHREEN SHRIVASTAVA	B.Sc III
32	MANISHA RATHORE	B.Sc III
33	DISHA DANGI	B.V.A. 1st
34	AARYA SINGH	B.V.A. 1st
35	KHUSBHU RATHORE	B.V.A. 2nd PAINTING
36	UJJWAL PANDEY	B.V.A. 3rd APPLIED



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37	SUNIL CHOUDHARY	BBA 1st
38	SURESH BERA	BBA 1st
39	IMRAN KHAN	BBA 1st
40	ANAS KHAN	BBA 1st
41	JEESHAN PATHAN	BBA 1st
42	MUKESH RAJORIYA	BBA 2nd A
43	CHETAN YADAV	BBA 2nd A
44	DEEPANSH JAGGA	BBA 3rd A
45	RAJVARDHAN SINGH	BCA 1st
46	ROHIT SHARMA	BCA 1st
47	MOHD ASHIK SAIFI	BCA 1st
48	MOHIT HARCHANDANI	BCA 1st
49	ASHISH KUMAR AHIWAR	BCA 2nd
50	NARENDRA KUMAR VISHNOI	BCA 2nd
51	ABHISHEK SHARMA	BCA 3rd




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"One Day Workshop On Yoga And Stress Management "

List of Participants

S. No.	Name	Branch	Signature
1	RISHABH KHANDELWAL	B.A. I	Rishabh
2	VASUDEV SHARMA	B.A. I	Vasudev
3	CHIRAG MEENA	B.A. III	Chirag
4	PRAKARSH	B.A. III	Prakarsh
5	TANMAY YADAV	B.A. III	Tanmay
6	YASH KUMAR SHARMA	B.Com I	Yash
7	RISHABH JAIN	B.Com I	Rishabh
8	RAJYAVARDHAN SINGH SHEKHAWAT	B.Com I	Rajyavardhan
9	MS ANKITA BHATI	B.Com I	Ankita
10	ABHIMANYU SHARMA	B.COM II	Abhimanyu
11	NAVEEN SAINI	B.COM III	Naveen
12	YASH CHOUDHARY	B.SC HONS I	Yash
13	DEEPIKA MISHRA	B.SC HONS I	Deepika
14	UMESH KUMAR	B.SC HONS I	Umesh
15	SNEHA S KELKAR	B.SC HONS I	Sneha
16	SAMIR VERMA	B.SC HONS I	Samir
17	ANSHUMAN	B.SC HONS I	Anshuman
18	NIKITA SAINI	B.SC HONS I	Nikita
19	SANDEEP SINGH	B.SC HONS I	Sandeep
20	DEEPAK JANGID	B.SC HONS I	Deepak
21	SUMIT SINGH	B.SC HONS I	Sumit
22	VINAY KUMAR SEVDA	B.SC HONS II	Vinay
23	DHANANJAY MAURYA	B.SC HONS II	Dhananjay
24	PANKAJ KUMAR MEENA	B.SC HONS III	Pankaj
25	HARISH KUMAR	B.SC HONS III	Harish
26	MINAKSHEE KHILERY	B.SC I	Minakshee
27	ANJALI BAJAJ	B.SC I	Anjali
28	SOMESHWAR SHARMA	B.Sc II	Someshwar
29	MANISH KUMAR DHAKA	B.Sc II	Manish
30	TARUN TYAGI	B.Sc III	Tarun
31	SHREEN SHRIVASTAVA	B.Sc III	Shreen
32	MANISHA RATHORE	B.Sc III	Manisha
33	DISHA DANGI	B.V.A. 1st	Disha
34	AARYA SINGH	B.V.A. 1st	Aarya
35	KHUSBHU RATHORE	B.V.A. 2nd PAINTING	Khushbu
36	UJJWAL PANDEY	B.V.A. 3rd APPLIED	Ujjwal

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38	SURESH BERA	BBA 1st	<i>Suresh</i>
39	IMRAN KHAN	BBA 1st	<i>Imran</i>
40	ANAS KHAN	BBA 1st	<i>A</i>
41	JEESHAN PATHAN	BBA 1st	<i>Jeeshan</i>
42	MUKESH RAJORIYA	BBA 2nd A	<i>Mukesh</i>
43	CHETAN YADAV	BBA 2nd A	<i>Chetan</i>
44	DEEPANSH JAGGA	BBA 3rd A	<i>Deepansh</i>
45	RAJVARDHAN SINGH	BCA 1st	<i>R</i>
46	ROHIT SHARMA	BCA 1st	<i>R</i>
47	MOHD ASHIK SAIFI	BCA 1st	<i>Mohd</i>
48	MOHIT HARCHANDANI	BCA 1st	<i>Mohit</i>
49	ASHISH KUMAR AHIWAR	BCA 2nd	<i>A</i>
50	NARENDRA KUMAR VISHNOI	BCA 2nd	<i>Narendra</i>
51	ABHISHEK SHARMA	BCA 3rd	<i>Abhishek</i>



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5. Overall Feedback from Participants

S. No.	Feedback Questions	High	Moderate	Poor
1	Overall Workshop Experience :- Rate your overall satisfaction with the workshop experience	80	12	8
2	Content Relevance : Were the topics covered relevant to your research needs?	80	12	8
3	Workshop Organization : - Rate the organization of the workshop (e.g., schedule, structure)	82	12	6
4	Presenter Effectiveness : - How effective was the presenter in delivering the workshop content?	83	10	7
5	Learning Outcomes :- Did the workshop help you achieve your learning objectives?	84	11	5




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One-Day Workshop On Business Analytics

Name of Activity: One Day Workshop On Business Analytics

Date: 29/11/2019

Resource Person :- Prof. S.K. Mangal

Organizer(s): Department of Commerce and Management

EXPECTED OUTCOMES	
CO 1	To introduce participants to fundamental concepts in Business Analytics.
CO 2	To familiarize participants with tools and techniques for data analysis and visualization.
CO 3	To provide practical experience through case studies and hands-on exercises.

Mapping with PO & PSO: Mapping Levels: 1- Low, 2- Moderate, 3-strong

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PSO1	PSO2
CO 1	1	1	1	2	1	1	1	1	1	1	2
CO 2	1	2	1	1	1	1	1	1	2	1	1
CO 3	2	1	1	2	1	1	1	1	1	1	1

Event Poster / Flyer:




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One Day Workshop On
Business Analytics

DATE & TIME

29 NOV 2019

10:00 AM

Venue

Seminar Hall

 Sanskriti College, Sanskriti Marg, Shipra Path,
Mansarovar, Jaipur  Sanskriti College, JAIPUR

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An activity report for a One-Day Workshop on Business Analytics would typically include the following sections:

1. Objectives

- To introduce participants to fundamental concepts in Business Analytics.
- To familiarize participants with tools and techniques for data analysis and visualization.
- To provide practical experience through case studies and hands-on exercises.

2. Agenda

- **09:00 - 09:30:** Registration and Welcome
- **09:30 - 10:30:** Introduction to Business Analytics
- **10:30 - 10:45:** Break
- **10:45 - 12:00:** Data Analysis Techniques
- **12:00 - 13:00:** Lunch Break
- **13:00 - 14:30:** Data Visualization Tools (, Excel, Tableau, Power BI)
- **14:30 - 14:45:** Break
- **14:45 - 16:00:** Practical Case Studies and Hands-On Exercises
- **16:00 - 16:30:** Q&A Session and Wrap-Up

3. Session Summaries

- **Introduction to Business Analytics:** Covered the importance of data-driven decision-making, key concepts, and the role of analytics in business.
- **Data Analysis Techniques:** Discussed statistical methods, data cleaning, and analysis processes.
- **Data Visualization Tools:** Demonstrated how to use various tools for creating visual representations of data.
- **Practical Case Studies:** Engaged participants with real-world scenarios to apply what they learned.

4. Geo Tagged Pictures of Activity



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One Day Workshop On Business Analytics

List of Participants

S. No.	Name	Branch
1	MOHIT BAGARIA	B.A. I
2	AMAN MEENA	B.A. I
3	PANKAJ SHARMA	B.A. I
4	SATYAM SHARMA	B.A. I
5	VISHNU KUMAR MAHAWAR	B.A. I
6	PIYUSH SONI	B.A. I
7	YASH DEROLIYA	B.A. II
8	DIGVIJAY SINGH TANWAR	B.A. II
9	DEVANSHU SHARMA	B.A. III
10	KRISHNA YADAV	B.COM III
11	VIJAY	B.SC HONS I
12	RAM KISHOR	B.SC HONS I
13	VISHWAS PRATAP SINGH DHAKAD	B.SC HONS I
14	PRATEEK ARYA	B.SC HONS I
15	GEET ARORA	B.SC HONS I
16	NISHANT KATARA	B.SC HONS II
17	HIMANSHU CHAUDHARY	B.SC HONS II
18	SANDEEP KUMAWAT	B.SC HONS III
19	UJJWAL GARWA	B.SC HONS III
20	RAJESH SOLANKI	B.SC HONS III
21	KRISHAN PADH SARAN SHARMA	B.SC I
22	VERSHA SHARMA	B.SC I
23	SALONI GARG	B. Sc II
24	KAMNA KUMAWAT	B.Sc III
25	HIMANSHU KHANDELWAL	B.Sc III
26	KARAN CHOUDHARY	B.Sc III
27	YASH AGARWAL	B.V.A. 1st
28	RISHIKA BHANDARI	B.V.A. 1st
29	ADITYA SINGH RATHORE	B.V.A. 1st
30	ANSHUL CHHABRA	BBA 1st
31	PRADEEP SINGH BHATI	BBA 1st
32	KHATRI NITESH VASUDEV	BBA 1st
33	CHANDRA SHEKHAR VERMA	BBA 1st
34	MS SUNITA BHULANI	BBA 3rd A
35	MS RITU KUMHAR	BCA 1st
36	BHUPENDER KUMAR	BCA 1st
37	DHEERAJ TAK	BCA 1st

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38	KESHAV PRAJAPAT	BCA 1st
39	SUJEET KUSHWAHA	BCA 1st
40	PULKIT GUPTA	BCA 1st
41	PRITHVI SINGH KACHHAWA	BCA 2nd




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2	AMAN MEENA	B.A. I	Aman
3	PANKAJ SHARMA	B.A. I	Pankaj
4	SATYAM SHARMA	B.A. I	Satyam
5	VISHNU KUMAR MAHAWAR	B.A. I	Vishnu
6	PIYUSH SONI	B.A. I	Piyush
7	YASH DEROLIYA	B.A. II	Yash
8	DIGVIJAY SINGH TANWAR	B.A. II	Digvijay
9	DEVANSHU SHARMA	B.A. III	Devanshu
10	KRISHNA YADAV	B.COM III	Krishna
11	VIJAY	B.SC HONS I	Vijay
12	RAM KISHOR	B.SC HONS I	Ram
13	VISHWAS PRATAP SINGH DHAKAD	B.SC HONS I	Vishwas
14	PRATEEK ARYA	B.SC HONS I	Prateek
15	GEET ARORA	B.SC HONS I	Geet
16	NISHANT KATARA	B.SC HONS II	Nishant
17	HIMANSHU CHAUDHARY	B.SC HONS II	Himanshu
18	SANDEEP KUMAWAT	B.SC HONS III	Sandeep
19	UJJWAL GARWA	B.SC HONS III	Ujjwal
20	RAJESH SOLANKI	B.SC HONS III	Rajesh
21	KRISHAN PADH SARAN SHARMA	B.SC I	Krishan
22	VERSHA SHARMA	B.SC I	Versha
23	SALONI GARG	B.Sc II	Saloni
24	KAMNA KUMAWAT	B.Sc III	Kamna
25	HIMANSHU KHANDELWAL	B.Sc III	Himanshu
26	KARAN CHOUDHARY	B.V.A. 1st	Karan
27	YASH AGARWAL	B.V.A. 1st	Yash
28	RISHIKA BHANDARI	B.V.A. 1st	Rishika
29	ADITYA SINGH RATHORE	BBA 1st	Aditya
30	ANSHUL CHHABRA	BBA 1st	Anshul
31	PRADEEP SINGH BHATI	BBA 1st	Pradeep
32	KHATRI NITESH VASUDEV	BBA 1st	Nitesh
33	CHANDRA SHEKHAR VERMA	BBA 3rd A	Chandra
34	MS SUNITA BHULANI	BCA 1st	Sunita
35	MS RITU KUMHAR	BCA 1st	Ritu
36	BHUPENDER KUMAR	BCA 1st	Bhupender
37	DHEERAJ TAK	BCA 1st	Dheeraj

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38	KESHAV PRAJAPAT	BCA 1st	<i>[Signature]</i>
39	SUJEET KUSHWAHA	BCA 1st	<i>[Signature]</i>
40	PULKIT GUPTA	BCA 1st	<i>[Signature]</i>
41	PRITHVI SINGH KACHHAWA	BCA 2nd	<i>[Signature]</i>

6. Overall Feedback from Participants

S. No.	Feedback Questions	High	Moderate	Poor
1	Overall Workshop Experience :- Rate your overall satisfaction with the workshop experience	80	12	8
2	Content Relevance : Were the topics covered relevant to your research needs?	80	12	8



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3	Workshop Organization : - Rate the organization of the workshop (e.g., schedule, structure)	82	12	6
4	Presenter Effectiveness : - How effective was the presenter in delivering the workshop content?	83	10	7
5	Learning Outcomes :- Did the workshop help you achieve your learning objectives?	84	11	5




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National Seminar Futuristic Approach For Youth Empowerment

Name of Activity: National Seminar Futuristic Approach For Youth Empowerment

Date: 22/01/2020

Resource Person: - Prof. S.L. Sharma

Organizer(s): Department of Commerce and Management



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EXPECTED OUTCOMES	
CO 1	To explore futuristic approaches and technologies that can aid in youth empowerment.
CO 2	To facilitate knowledge exchange and collaboration among stakeholders.
CO 3	To develop actionable recommendations for policy and practice.

Mapping with PO & PSO: Mapping Levels: 1- Low, 2- Moderate, 3-strong

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PSO1	PSO2
CO 1	1	1	1	2	1	1	1	1	1	1	2
CO 2	1	2	1	1	1	1	1	1	2	1	1
CO 3	2	1	1	2	1	1	1	1	1	1	1

Event Poster / Flyer:




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National Seminar on **Futuristic Approach For Youth Empowerment**

Resource Person

Prof. S.L. Sharma
(University of Rajasthan Jaipur)

DATE & TIME

22 JAN 2020 10:00 AM

Venue

Seminar Hall



**Sanskriti College, Sanskriti Marg, Shipra Path,
Mansarovar, Jaipur**




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1. Introduction

The National Seminar on "Futuristic Approach for Youth Empowerment" aimed to explore innovative strategies and approaches to empower the youth and prepare them for future challenges. This seminar brought together thought leaders, academicians, policymakers, and youth representatives to discuss and deliberate on key issues and solutions.

2. Objectives

- To identify the current challenges faced by the youth.
- To explore futuristic approaches and technologies that can aid in youth empowerment.
- To facilitate knowledge exchange and collaboration among stakeholders.
- To develop actionable recommendations for policy and practice.

3. Highlights

- **Innovative Solutions:** Presentation of new tools and technologies that can be leveraged for youth empowerment.
- **Success Stories:** Case studies of successful youth empowerment programs and initiatives.
- **Interactive Sessions:** Engaging discussions and interactive sessions that encouraged active participation from attendees.

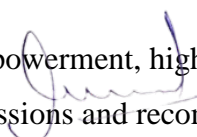
4. Recommendations

- **Policy Recommendations:** Suggestions for government policies to support youth development.
- **Program Initiatives:** Proposed initiatives for educational institutions and organizations.
- **Future Research:** Areas for further research and exploration.

5. Conclusion

The seminar provided valuable insights into the future of youth empowerment, highlighting the need for innovative approaches and collaborative efforts. The discussions and recommendations




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offered a comprehensive view of how stakeholders can work together to create a supportive environment for the youth.

6.. Acknowledgments

The organizing committee extends its gratitude to all speakers, participants, and sponsors who contributed to the success of the seminar.

6. Geo Tagged Pictures of Activity




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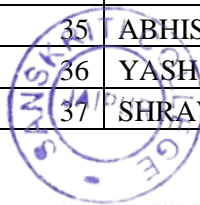
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National Seminar Futuristic Approach For Youth Empowerment

List of Participants

S. No.	Name	Branch
1	ANKIT SIHAG	B.A. I
2	TARUN JANGID	B.A. I
3	BHISHMAK BHADDOO	B.A. I
4	VINAY VYAS	B.A. II
5	MS PRIYA SAINI	B.Com I
6	SHIVPRATAP SINGH	B.Com I
7	MS NEHA KUMARI	B.Com I
8	AMISHA JANGIR	B.SC HONS I
9	HARISHANKAR RAVEENDRAN	B.SC HONS I
10	NEERAJ KUMAR	B.SC HONS I
11	SUNIL RAWAT	B.SC HONS II
12	NARENDRA SINGH	B.SC HONS II
13	KAMLESH KUMAR	B.SC HONS II
14	TEJVEER KUNTAL	B.SC HONS III
15	RITU SAINI	B.SC I
16	ABHISHEK SONI	B.SC I
17	KIRAN KUMARI YADAV	B.SC I
18	RAJNISH	B.SC I
19	PRINCY DAGUR	B.SC I
20	UJJAWAL TRIVEDI	B.Sc II
21	ROHIT MEENA	B.Sc II
22	ANAN DEEP SINGH	B.Sc II
23	HARLEEN KAUR THIND	B.Sc II
24	RAKESH KUMAR MEENA	B.Sc III
25	NAGESH DHANKHAR	B.Sc III
26	RAHUL SAXENA	B.Sc III
27	YASH SONI	BBA 1st
28	MS KHUSHI	BBA 1st
29	MS DEEPANSHI SETHI	BBA 1st
30	AMAN MOHAMMED	BBA 1st
31	MS MANVI KHANDELWAL	BBA 1st
32	MS NIRALI GHEEYA	BBA 2nd A
33	MS KIRAN CHOUDHAYR	BBA 2nd A
34	PALLAV KHANDELWAL	BBA 2nd A
35	ABHISHEK SINGH	BBA 2nd A
36	YASH BAFNA	BBA 2nd A
37	SHRAVAN KUMAR	BBA 3rd A



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41	MS POOJA NARUKA	BCA 1st
42	MS ISHIKA AHUJA	BCA 2nd
43	MS PRIYANKA NAVLANI	BCA 2nd
44	MUKESH KUMAR	BCA 2nd
45	KARAN MUNJAL	BCA 3rd




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38	BALWANT GURJAR	BBA 3rd A	<i>Balw</i>
39	DEEPAK SINGH DAISH	BCA 1st	<i>De</i>
40	RAJ KUMAR BAIRWA	BCA 1st	<i>Raj Kumar</i>
41	MS POOJA NARUKA	BCA 1st	<i>Poo</i>
42	MS ISHIKA AHUJA	BCA 2nd	<i>Ish</i>
43	MS PRIYANKA NAVLANI	BCA 2nd	<i>Priyanka</i>
44	MUKESH KUMAR	BCA 2nd	<i>Muk</i>
45	KARAN MUNJAL	BCA 3rd	<i>Karan</i>



J. Munjal
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9. Overall Feedback from Participants

S. No.	Feedback Questions	High	Moderate	Poor
1	Overall Workshop Experience :- Rate your overall satisfaction with the workshop experience	80	10	7
2	Content Relevance : Were the topics covered relevant to your research needs?	80	13	8
3	Workshop Organization : - Rate the organization of the workshop (e.g., schedule, structure)	82	12	6
4	Presenter Effectiveness : - How effective was the presenter in delivering the workshop content?	83	16	8
5	Learning Outcomes :- Did the workshop help you achieve your learning objectives?	84	10	5




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One-Day Seminar On Teacher As A Challenge Maker In Student Life

Name of Activity: One Day Seminar On Teacher As A Challenge Maker In Student Life

Date: 02/03/2020 **Resource Person:** - Dr. Anoop Girdhar

Organizer(s): Department of Commerce and Management

EXPECTED OUTCOMES	
CO 1	To explore futuristic approaches and technologies that can aid in youth empowerment.
CO 2	To facilitate knowledge exchange and collaboration among stakeholders.
CO 3	To develop actionable recommendations for policy and practice.

Mapping with PO & PSO: Mapping Levels: 1- Low, 2- Moderate, 3-strong

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PSO1	PSO2
CO 1	1	1	1	2	1	1	1	1	1	1	2
CO 2	1	2	1	1	1	1	1	1	2	1	1
CO 3	2	1	1	2	1	1	1	1	1	1	1

Event Poster / Flyer:



One Day Seminar On
**Teacher As A Challenge
Maker In Student Life**

Resource Person

Dr. Anoop Girdhar

DATE & TIME

02 MARCH 2020 10:00 AM

Venue

Seminar Hall




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1. Introduction

The one-day seminar on "Teacher as a Challenge Maker in Student Life" was designed to explore the critical role teachers play in shaping students' academic and personal growth through effective challenge-making. The seminar brought together educators, administrators, and experts to discuss strategies for enhancing student engagement and overcoming challenges.

2. Objectives

- To understand the role of teachers in creating and managing challenges for student development.
- To explore methods and strategies for effective challenge-making in education.
- To share best practices and success stories from various educational settings.
- To foster collaboration and networking among educators.

3. Sessions and Workshops

- **Opening Session: The Role of Teachers in Student Development**
 - **Speaker:** Dr. Anoop Girdhar
 - **Summary:** An overview of how teachers can influence students' growth by presenting and managing challenges effectively.

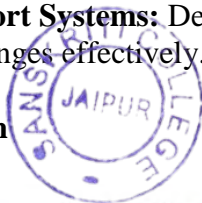
4. Highlights

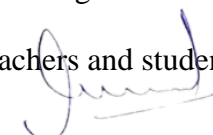
- **Innovative Approaches:** Presentation of new methods and strategies for creating and managing challenges in the classroom.
- **Interactive Workshops:** Hands-on sessions where participants engaged in designing and discussing challenges.
- **Networking Opportunities:** Opportunities for educators to connect, share ideas, and collaborate on future initiatives.

5. Recommendations

- **Professional Development:** Ongoing training for teachers to enhance their skills in creating and managing challenges.
- **Curriculum Integration:** Incorporating challenge-based learning into the curriculum to foster critical thinking and problem-solving skills.
- **Support Systems:** Developing support systems for both teachers and students to address challenges effectively.

6. Conclusion




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The seminar highlighted the pivotal role of teachers as challenge makers in students' lives. By adopting innovative strategies and sharing best practices, educators can significantly impact students' academic and personal growth.

7. Acknowledgments

Special thanks to the speakers, facilitators, participants, and organizers for their valuable contributions to the seminar.

8. Geo Tagged Pictures of Activity




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One Day Seminar On Teacher As A Challenge Maker In Student Life

List of Participants

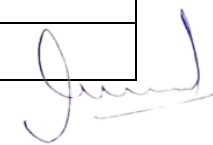
S. No.	Name	Branch
1	PRERANA MEEMALCHYA	B.A. I
2	SHIV SINGH	B.A. I
3	ANURAG SINGH CHOUDHARY	B.A. I
4	MS POONAM JANU	B.A. II
5	TAPESH MEENA	B.A. II
6	MAHESH JANGID	B.A. II
7	SHOAIB KHAN	B.COM II
8	GAJANAND AGRAWAL	B.SC HONS I
9	ARUN SHARMA	B.SC HONS I
10	SAMEER KHAN	B.SC HONS I
11	MONIKA SAINI	B.SC HONS II
12	PRATHAM	B.SC HONS II
13	SACHIN KUMAR YADAV	B.SC HONS II
14	VASEEM MANSURI	B.SC HONS II
15	KARAN DUDEJA	B.SC HONS II
16	RAHUL CHOUDHARY	B.SC HONS III
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25	ABHISHEK RAJ	B.Sc III
26	ROHIT KUMAR	B.Sc III


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27	MOHIT CHOUDHARY	B.Sc III
28	DAL CHAND	B.Sc III
29	JITENDRA KUMAR YADAV	B.Sc III
30	SHUBHAM SINGH JADOUN	B.V.A. 1st
31	MANSHI BHATNAGAR	B.V.A. 3rd APPLIED
32	DAMINI GROVER	B.V.A. 4th APPLIED
33	DEEPENDRA SINGH CHOUHAN	BBA 1st
34	AKHAND PS SISODIYA	BBA 1st
35	TARUN AGARWAL	BBA 1st
36	AMAN SONI	BBA 2nd A
37	ANUJ GUPTA	BBA 2nd A
38	ROHIT DAS	BBA 2nd A
39	HARSHIT JANJIRE	BBA 2nd A
40	SHUBHAM KASHYAP	BBA 3rd A
41	MS NIDHI SHARMA	BCA 1st
42	DARSHAN KATEJA	BCA 1st
43	MOHIT SAINI	BCA 1st
44	DAKSH DEORA	BCA 1st
45	RAHUL AGARWAL	BCA 1st
46	SHIVENDRA SHARMA	BCA 1st
47	ROHIT SHARMA	BCA 1st
48	SHUBHAM SHARMA	BCA 2nd
49	MS NIDHI JOSHI	BCA 2nd
50	AJAY SONI	BCA 2nd
51	VISHESH VAISHNAVE	BCA 3rd
52	VIPUL SINGH	BCA 3rd




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One Day Seminar On Teacher As A Challenge Maker In Student Life

List of Participants

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4	MS POONAM JANU	B.A. II	Poonam
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6	MAHESH JANGID	B.A. II	Mahesh
7	SHOAIB KHAN	B.COM II	Shoaib
8	GAJANAND AGRAWAL	B.SC HONS I	Gajendra
9	ARUN SHARMA	B.SC HONS I	Arun
10	SAMEER KHAN	B.SC HONS I	Sameer
11	MONIKA SAINI	B.SC HONS II	Monika
12	PRATHAM	B.SC HONS II	Pratham
13	SACHIN KUMAR YADAV	B.SC HONS II	Sachin
14	VASEEM MANSURI	B.SC HONS II	Vaseem
15	KARAN DUDEJA	B.SC HONS II	Karan
16	RAHUL CHOUDHARY	B.SC HONS III	Rahul
17	BHOMESH SAINI	B.SC HONS III	Bhmesh
18	SACHIN BAJAD	B.Sc II	Sachin
19	MAYANK SHARMA	B.Sc II	Mayank
20	SUNIL VAISHNAV	B.Sc II	Sunil
21	VIRENDRA SINGH	B.Sc II	Virendra
22	RAVI JAIN	B.Sc II	Ravi
23	VIRENDRA JANGID	B.Sc II	Virendra
24	RAHUL BAIRWA	B.Sc III	Rahul
25	ABHISHEK RAJ	B.Sc III	Abhishek
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49	MS NIDHI JOSHI	BCA 2nd	Nidhi
50	AJAY SONI	BCA 2nd	Ajay
51	VISHESH VAISHNAVE	BCA 3rd	Vishesh
52	VIPUL SINGH	BCA 3rd	Vipul



One-Day Seminar on Teacher as a Challenge Maker in Student Life

List of Participants

S. No.	Name	Branch	Signature
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2	FARHAT ALEEN QUAMAR	B.A. I	F. Aleen
3	RAHUL SHARMA	B.A. I	Rahul
4	DIVYANSH DAGUR	B.A. I	Divyansh
5	MITHILESH KUMAR MEENA	B.A. I	Mithlesh
6	TAMANNA CHOUDHARY	B.A. I	Tamna
7	GAURAV GEHLOT	B.A. II	Gaurav
8	MS SALONI CHOUHAN	B.A. II	Saloni
9	ANKIT SINGH SHEKHAWAT	B.Com I	Ankit
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16	NEHA CHAWALA	B.SC HONS I	Neha
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18	ROHIT KUMAR GUPTA	B.SC HONS III	Rohit
19	UJJAWAL KANSOTIYA	B.SC HONS III	Ujjawal
20	SHAHRAKH KHAN	B.SC HONS III	Shahra
21	TUSHAR MATHUR	B.SC HONS III	Tushar
22	BHASKAR SARKAR	B.SC HONS III	Bhaskar
23	PRAKHAR SHARMA	B.SC HONS III	Prakhar
24	ULLAS BALAN	B.SC HONS III	Ullas
25	AMIT SEWALIYA	B.SC I	Amit
26	MRIDUL CHOUHAN	B.SC I	Mridul
27	ATUL SAMBHARIA	B.SC I	Atul
28	SAMAY SHARMA	B.Sc II	Samay
29	KHUSHWANT SINGH SOLANKI	B.Sc III	Khushwant
30	SAURABH MEENA	B.Sc III	Saurabh
31	MADHAUSUDHAN SONI	B.Sc III	Madhusudan
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37	SHUBHAM RASTOGI	BBA 1st	Shubham



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39	MS ARPITA SURANA	BBA 1st	Arpit
40	MS UNNATI GOYAL	BBA 1st	U. Goyal
41	TARUN SHARMA	BCA 1st	Tarun
42	TUSHAR SHARMA	BCA 1st	Tushar
43	LAKHAN CHOUDHARY	BCA 1st	Lakhan
44	ANKIT SHARMA	BCA 2nd	Ankit
45	ANUGRAH GUPTA	BCA 2nd	Anu Gupta
46	JATIN JAIN	BCA 2nd	Jatin



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10. Overall Feedback from Participants

S. No.	Feedback Questions	High	Moderate	Poor
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Seminar on Personality Development

Name of Activity: One-Day Seminar on Teacher as a Challenge Maker in Student Life

Date: 07/05/2020

Resource Person: - Prof. K.K Sharma

Organizer(s): Department of Commerce and Management

EXPECTED OUTCOMES	
CO 1	To provide practical strategies for improving communication, confidence, and leadership skills.
CO 2	To engage participants in interactive sessions that promote self-awareness and growth.
CO 3	To foster a supportive environment for personal development and networking.

Mapping with PO & PSO: Mapping Levels: 1- Low, 2- Moderate, 3-strong

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PSO1	PSO2
CO 1	1	1	1	2	1	1	1	1	1	1	2
CO 2	1	2	1	1	1	1	1	1	2	1	1
CO 3	2	1	1	2	1	1	1	1	1	1	1

Event Poster / Flyer:




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Seminar On
**PERSONALITY
DEVELOPMENT**
By Prof. K.K Sharma

DATE & TIME

**07 MAY 2020
10:00 AM**

Venue

Seminar Hall



 **Sanskriti College, Sanskriti Marg, Shipra Path,
Mansarovar, Jaipur**

Sector-3, Rajat Path, Shipra Path, Mansarovar, JAIPUR - 30 20 20

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1. Introduction

The seminar on "Personality Development" aimed to provide participants with insights and practical tools to enhance their personal and professional growth. The event was designed to help individuals develop key personality traits that contribute to success in various aspects of life.

2. Objectives

- To explore the key elements of personality development.
- To provide practical strategies for improving communication, confidence, and leadership skills.
- To engage participants in interactive sessions that promote self-awareness and growth.
- To foster a supportive environment for personal development and networking.

3. Sessions and Workshops

- **Opening Address: The Importance of Personality Development**
 - **Speaker:** - Prof. K.K sharma
 - **Summary:** An overview of why personality development is crucial and its impact on personal and professional success.

4. Highlights

- **Interactive Learning:** Engaging workshops and sessions that encouraged active participation and practical application of concepts.
- **Expert Insights:** Valuable advice and strategies from experienced professionals in the field of personality development.
- **Networking Opportunities:** Opportunities for participants to connect with experts and peers, fostering a collaborative learning environment.


5. Recommendations

- **Ongoing Development:** Encourage participants to continue their personal development journey through additional resources and workshops.
- **Skill Application:** Promote the application of learned skills in daily life and professional settings for continued growth.
- **Feedback Mechanisms:** Implement feedback systems to assess the impact of personality development programs and refine future sessions.

6. Conclusion

The seminar provided a comprehensive exploration of personality development, offering participants practical tools and strategies to enhance their personal and professional lives. The interactive format and expert guidance contributed to a successful and impactful event.




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7. Acknowledgments

We extend our sincere thanks to the speakers, facilitators, participants, and organizers for their contributions and engagement in making the seminar a success.

8. Geo Tagged Pictures of Activity



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One-Day Seminar on Teacher as a Challenge Maker in Student Life

List of Participants

S. No.	Name	Branch
1	ANKIT SHARMA	B.A. I
2	FARHAT ALEEN QUAMAR	B.A. I
3	RAHUL SHARMA	B.A. I
4	DIVYANSH DAGUR	B.A. I
5	MITHILESH KUMAR MEENA	B.A. I
6	TAMANNA CHOUDHARY	B.A. I
7	GAURAV GEHLOT	B.A. II
8	MS SALONI CHOUHAN	B.A. II
9	ANKIT SINGH SHEKHAWAT	B.Com I
10	CHINMAY SHADILYA	B.Com I
11	YOGESH CHOUDHARY	B.Com I
12	MAZHAL QURESHI	B.COM II
13	MOH. ADIL	B.SC HONS I
14	ARSHDEEP SINGH	B.SC HONS I
15	SHANKAR MALI	B.SC HONS I
16	NEHA CHAWALA	B.SC HONS I
17	AKRITI SHUKLA	B.SC HONS II
18	ROHIT KUMAR GUPTA	B.SC HONS III
19	UJJAWAL KANSOTIYA	B.SC HONS III
20	SHAHRAKH KHAN	B.SC HONS III
21	TUSHAR MATHUR	B.SC HONS III
22	BHASKAR SARKAR	B.SC HONS III
23	PRAKHAR SHARMA	B.SC HONS III
24	ULLAS BALAN	B.SC HONS III
25	AMIT SEWALIYA	B.SC I
26	MRIDUL CHOUHAN	B.SC I
27	ATUL SAMBHARIA	B.SC I
28	SAMAY SHARMA	B.Sc II
29	KHUSHWANT SINGH SOLANKI	B.Sc III
30	SAURABH MEENA	B.Sc III
31	MADHAUSUDHAN SONI	B.Sc III
32	VASHU	B.Sc III
33	HARISH KHANDAL	B.Sc III
34	RAKSHA CHATURVEDI	B.V.A. 4th APPLIED
35	SAHIL KUMAR	BBA 1st
36	MS VARTIKA MUDGAL	BBA 1st
37	SHUBHAM RASTOGI	BBA 1st



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38	DEEPANSHU SINGH	BBA 1st
39	MS ARPITA SURANA	BBA 1st
40	MS UNNATI GOYAL	BBA 1st
41	TARUN SHARMA	BCA 1st
42	TUSHAR SHARMA	BCA 1st
43	LAKHAN CHOUDHARY	BCA 1st
44	ANKIT SHARMA	BCA 2nd
45	ANUGRAH GUPTA	BCA 2nd
46	JATIN JAIN	BCA 2nd




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One-Day Seminar on Teacher as a Challenge Maker in Student Life

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4	DIVYANSH DAGUR	B.A. I	DIVYANSH
5	MITHILESH KUMAR MEENA	B.A. I	MITHILESH
6	TAMANNA CHOUDHARY	B.A. I	TAMANNA
7	GAURAV GEHLOT	B.A. II	GAURAV
8	MS SALONI CHOUHAN	B.A. II	SALONI
9	ANKIT SINGH SHEKHAWAT	B.Com I	ANKIT
10	CHINMAY SHADILYA	B.Com I	CHINMAY
11	YOGESH CHOUDHARY	B.Com I	YOGESH
12	MAZHAL QURESHI	B.COM II	MAZHAL
13	MOH. ADIL	B.SC HONS I	ADIL
14	ARSHDEEP SINGH	B.SC HONS I	ARSHDEEP
15	SHANKAR MALI	B.SC HONS I	SHANKAR
16	NEHA CHAWALA	B.SC HONS I	NEHA
17	AKRITI SHUKLA	B.SC HONS II	AKRITI
18	ROHIT KUMAR GUPTA	B.SC HONS III	ROHIT
19	UJJAWAL KANSOTIYA	B.SC HONS III	UJJAWAL
20	SHAHRUKH KHAN	B.SC HONS III	SHAHRUKH
21	TUSHAR MATHUR	B.SC HONS III	TUSHAR
22	BHASKAR SARKAR	B.SC HONS III	BHASKAR
23	PRAKHAR SHARMA	B.SC HONS III	PRAKHAR
24	ULLAS BALAN	B.SC HONS III	ULLAS
25	AMIT SEWALIYA	B.SC I	AMIT
26	MRIDUL CHOUHAN	B.SC I	MRIDUL
27	ATUL SAMBHARIA	B.SC I	ATUL
28	SAMAY SHARMA	B.Sc II	SAMAY
29	KHUSHWANT SINGH SOLANKI	B.Sc III	KHUSHWANT
30	SAURABH MEENA	B.Sc III	SAURABH
31	MADHAUSUDHAN SONI	B.Sc III	MADHAUSUDHAN
32	VASHU	B.Sc III	VASHU
33	HARISH KHANDAL	B.Sc III	HARISH
34	RAKSHA CHATURVEDI	B.V.A. 4th APPLIED	RAKSHA
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44	ANKIT SHARMA	BCA 2nd	Ankit
45	ANUGRAH GUPTA	BCA 2nd	Anu Gupta
46	JATIN JAIN	BCA 2nd	Jatin




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10. Overall Feedback from Participants

S. No.	Feedback Questions	High	Moderate	Poor
1	Overall Workshop Experience :- Rate your overall satisfaction with the workshop experience	80	10	7
2	Content Relevance : Were the topics covered relevant to your research needs?	80	13	8
3	Workshop Organization : - Rate the organization of the workshop (e.g., schedule, structure)	82	12	6
4	Presenter Effectiveness : - How effective was the presenter in delivering the workshop content?	83	16	8
5	Learning Outcomes :- Did the workshop help you achieve your learning objectives?	84	10	5




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